

# Judith E. Pearson, Ph.D.

Posted At : February 7, 2017 3:54 AM | Posted By : [Tim Brunson, PhD](#)

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Dr. Judy Pearson is a free spirit, pursuing all the things she loves to do. After decades of working as a project manager, employee assistance program provider, and a psychotherapist, today she is an author, freelance writer and copy editor, speaker, communication coach, and certified Trainer/Master Practitioner of Neuro-Linguistic Programming (NLP). She has published four books (three with Crown House Publishing Ltd.) and over 200 articles, reviews, and interviews in magazines, newsletter, and blogs.

As a Communication Coach she assists small business owners and managers with speech-writing, public speaking skills, and interpersonal communication skills. She is also available as a trainer and coach to life coaches and mental health practitioners who want to implement the methods and applications of Neuro-Linguistic Programming in their practices.

Dr. Pearson holds a doctorate in Counseling from Catholic University. She is a Distinguished Toastmaster with Toastmasters International. She is the Executive Director of the National Board of Certified Clinical Hypnotherapists and secretary-recorder on the executive council of the National Capitol Area Naval Order of the U.S. She is an associate trainer with the American Hypnosis Academy, which offers continuing education in hypnotherapy and NLP to mental health professionals.

For more information, please visit: <http://www.engagethepower.com/>

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