

Utilizing Ericksonian hypnosis in psychiatric-mental health nursing practice

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Related Categories: Ericksonian Hypnosis

TOPIC: Ericksonian hypnosis conceptual framework. PURPOSE: To acquaint psychiatric-mental health nurses with hypnotic principles and how these can be integrated into their practice.

SOURCES: Published literature and author's clinical experience. CONCLUSIONS: Ericksonian hypnosis offers an array of potential interventions for psychiatric-mental health nurses to integrate into their practices in a framework familiar to nurses: holism, honoring and respecting individuality, and capitalizing on an individual's strengths.

Perspect Psychiatr Care. 2002 Jan-Mar;38(1):15-22. Zahourek RP. New York University, Division of Nursing, New York, USA. rorryz@aol.com

Object N

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