

# Melissa Barnes

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Melissa Barnes has studied the art of hypnosis for over 11 years. In 1992, she completed the basic certification course in hypnotherapy from the National Guild of Hypnotists and received her certification as a clinical hypnotherapist in 1993. In the same year, she received her certification in advanced clinical hypnotherapy. She has been a member in good standing with the National Guild of Hypnotists every year since.

In 1998, she received certification as a HypnoBirthing Practitioner from Marie Mongan, the originator of the course. In 1999, she completed Dr. William Horton's Basic Practitioner training in NeuroLinguistic Programming and received her certification from The National Federation of NeuroLinguistic Psychology.

In 2000, the Mid-America Hypnosis Conference honored her with the title of "Hypnotist of the Year" for her pioneering work in the field of hypnosis with the Deaf. In the past ten years, she has given hundreds of stage hypnosis demonstrations to high schools, colleges, and business conventions throughout the Mid-west.

She has also helped students improve their study skills, lower their test anxiety, and improve their athletic performance. In addition, she has offered self-hypnosis workshops, stop smoking seminars, and HypnoBirthing classes.

For more information, visit [www.melissabarnes.com](http://www.melissabarnes.com)

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