

# Gaye Wilson

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As a masters prepared registered nurse for over twenty years, Gaye Wilson RN, has combined her traditional care experience as a parent-child clinical nurse specialist with intensive training in diet and nutrition, hypnotherapy and the martial arts to create a unique and powerful approach to health and well-being. Gaye is a graduate of the Hypnotherapy Training Institute (Santa Rosa, CA). After completing 250 hours of lecture, demonstration and experiential course work under the expert tutelage of beloved instructors Marleen Mulder and Randal Churchill, she was certified as a Clinical Hypnotherapist.

Gaye took a 60 hour intensive training with Covert Bailey in 1987 and is certified by him to teach the Fit or Fat System of fitness and nutrition education. She has extensive experience in group programs as well as individual counseling.

Having earned her first degree Black Belt in Tang Soo Do Karate in 1991 and her 2nd degree in 1995, Gaye has trained since 1988 and taught classes in her own school for adults and children from 1994-1999.

Gaye's hypnotherapy program, grounded in loving kindness and compassion, is a reflection of her personal philosophy and that of her gifted teachers. She says, "I think my Here & Tao Hypnotherapy practice is an opportunity to bring all of my endeavors -- all of the things that I love about helping people -- together into one unique program." Gaye has been a presenter at the ACHE International Hypnotherapy Conference in Glendale, CA.

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