

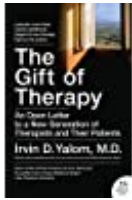
Irvin Yalom, MD

Posted At : December 31, 2014 5:22 PM | Posted By : [Tim Brunson, PhD](#)

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Dr. Yalom is an American existential psychiatrist who is emeritus professor of psychiatry at Stanford University. He is also an author of fiction and nonfiction. His writing on existential psychology centers on what he refers to as the four "givens" of the human condition: isolation, meaningless, mortality, and freedom.

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