

# The pharmacist "toolbox" for smoking cessation...

Posted At : March 5, 2013 2:56 PM | Posted By : [Tim Brunson, PhD](#)

Related Categories: Smoking Cessation

Full title: The pharmacist "toolbox" for smoking cessation: a review of methods, medicines, and novel means to help patients along the path of smoking reduction to smoking cessation.

Annually there are 500 000 preventable deaths in the United States caused by smoking; as health care professionals, pharmacists have a unique opportunity to advise, assess, and assist patients to quit smoking. This review article provides pharmacists with a "toolbox" containing an overview of pharmacologic and nonpharmacologic methods for smoking cessation. Currently approved over-the-counter (OTC) and prescription medications (nicotine replacement therapy, varenicline, and bupropion) are summarized, and nonpharmacologic therapies discussed include cognitive therapy and hypnosis. In addition to traditional therapies some potential approaches to smoking cessation are addressed, including nicotine immunizations and electronic cigarettes.

J Pharm Pract. 2012 Dec;25(6):591-9. doi: 10.1177/0897190012460823. Wynn WP 3rd, Stroman RT, Almgren MM, Clark KJ. Department of Pharmacy Practice, South University, Columbia, SC, USA.



[Smoking No More!](#)

Tim Brunson, PhD

CD: \$23.98

MP3 \$19.98

